

Surabhi

2020, September, Issue 3

NSS@ANDC

Acharya Narendra Dev College



Dr. Manisha Jain
Programme Officer
NSS@ANDC (2019-2020)

So here we are....with our third issue of '**Surabhi**'. The last semester had been highly unusual for NSS unit and for the world on the whole. The pandemic of Covid-19 infection had put the world at standstill....A game of *statue and move*everyone was forced to stay where he was, no movement in society, humans encaged in four walls....and if they had to move...it was at life's risk.....

I am glad that even during this pandemic, the NSS unit was active in creating the awareness about preventions of Covid-19 outbreak, in the adopted slums and during the national lockdown period also, the volunteers worked on virtual platform.

This issue mainly highlights the work done by NSS@ANDC since January 2020 onwards and the work done in adopted slums throughout the session 2019-2020. The visits to these adopted slums helped NSS volunteers realize the hardships of life of common people and inculcated in them an urge to come forward to contribute for the betterment of life of the poor people. I am proud of my volunteers who had put in all their efforts to prove the real purpose of NSS units in the educational institutions.

NSS@ANDC whole heartedly welcomes new Program Officer, Dr. Sunita Jetley from Department of Biomedical Science who will be guiding the NSS team for the next two sessions.



Dr. Pooja Bhagat

Co-convener

NSS@ANDC (2019-2020)

NSS provides a platform to the students to improve their own thought process by doing community services which help them in developing their skills to become an organizer, a leader, an administrator and finally the multi-faceted development of their personality as a whole.

Our NSS volunteers are very well performing the role of mediator between the education system and the community which is helpful for the nation building. Not only this, they are gaining hands-on experience in delivering community service and gaining exposure and experience. The combined participation of our NSS team, both students and teachers, in social service, reflects a deep sense of involvement in the tasks of national development.

I am happy that I was part of this program for the last two years and am feeling satisfied that I contributed my best in fulfilling social responsibilities.

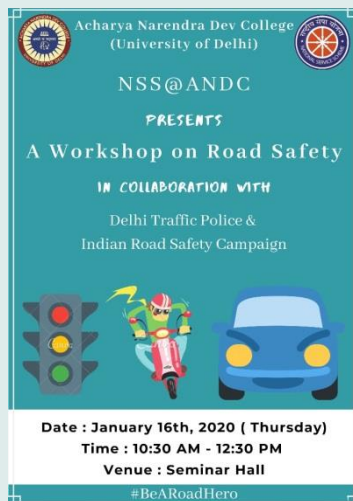


In January 2020, the NSS volunteers had a **collection drive in the campus for clothes and other utility items**. Volunteers categorised all the collected items and packed them



separately. The sorted material was sent to the NGO **Goonj**, at their Sarita Vihar centre for the purposeful use.

On January 11, 2020, ANDC NSS volunteers participated in **Walkathon** organized by **Delhi Police** at India Gate. The walkathon was a part of many activities during Road Safety week, and covered the stretch from India Gate C-Hexagon – Rajpath to Shastri bhavan.



A **Road Safety Workshop** was organized in the college campus on January 16, 2020, in collaboration with Delhi Traffic Police and Indian Road Safety Campaign, an initiative by IIT Delhi. The workshop focused on educating everyone about road signs, laws, good road practices and behavior. A Pledge was also taken by the participants to follow traffic rules.

NSS volunteers also attended a panel discussion on 'Enabling Safe and shared mobility in India', organized by India Road safety Campaign and NSS, IIT Delhi on February 29, 2020 in IITD Campus.





On January 18, 2020, **Fit India Walkathon** was organized in the areas adjoining the college by NSS volunteers along with the sports department of ANDC. Students enthusiastically had

a



walk in the early morning encouraging the residents of the area for focusing on their physical fitness as the priority in life.



From January 16-31, 2020, NSS unit observed third **Swachhta Pakhwara** in this session this time directed by University of Delhi directly. During this fortnight, NSS unit organized



Swachhta Oath taking on January 16, Plog run on January 17, campus cleanliness drive on January 21 and 25, Group Discussion on Importance of cleanliness on January 23, Group discussion on Forest Conservation on January 24, and slogan writing activity on January 29, 2020.



The unit observed **National Girl Child Day** on **January 24, 2020** by organizing an awareness rally in Govindpuri area on the theme 'Beti Bachao Beti padhao'. Students carried self-prepared placards for the rally. The rallies organized this way attracted the attention of residents and passerby who were thus forced to think over the issue highlighted through the placards.



Systematic Voters' Education and Electoral Participation program, known as **SVEEP**, is the flagship program of the Election Commission of India for voter education, spreading voter awareness and promoting voter literacy in India. Through DU NSS Centre,

Every NSS Unit has a SVEEP ambassador which is a registered NSS volunteer devoted for successful implementation of the above program. The SVEEP Ambassador @ANDC for the session 2019-2020 was **Vikalp Bajpai** from B.Sc. Phys.Sc (Electronics) II yr.



On **January 25, 2020**, the Unit observed **Voter's Day** by carrying out an extensive door to door campaign in adopted villages to spread the awareness about the voting rights and procedure.

On **January 27, 2020**, NSS volunteers organised a **Voter's awareness rally** in Govindpuri in **association with District Election Office, Kalkaji**. Student's also made a theme based rangoli in college campus to draw the attention of the students to the importance of knowing about voter's rights.

In the continued efforts of creating awareness about the electoral process and Voter's right, the NSS@ANDC, through SVEEP Ambassador, arranged for a **Voter's Enrolment Camp** on **January 28 and 29, 2020**, to enroll new voters and also to help existing voters to verify their voter's ID card online. The camp



helped in registering

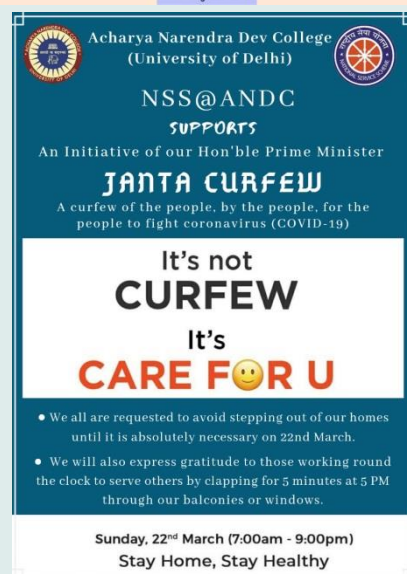
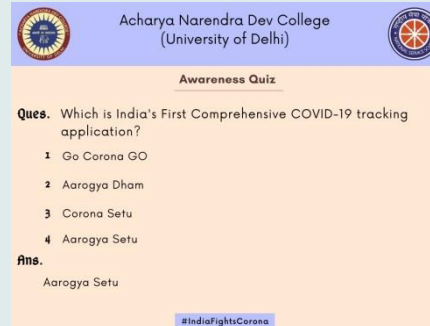
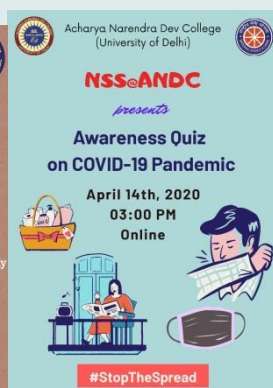
students who turned eighteen in January 2020. The exercise also helped the students to take this information to their family members as well.



In the **first week of March**, the NSS volunteers took an initiative to spread the awareness about the new viral infection due to Covid-19 in the adopted slums. The volunteers took pains to go to each door of those slum areas to help society know more about this emergent situation.



With the Global crisis arising with Covid-19 pandemic and the following nationwide lockdown, the NSS volunteers were stuck in their hometowns where they had gone in the mid-semester break. However, this did not deter them from their commitment of serving the society. The unit was active in spreading the awareness about the deadly infection on virtual platform as well ----- the Whatsapp groups and the NSS Facebook page. They prepared the awareness modules in innovative ways like poems, videos demonstrating the importance of sticking to health advisories issued by Govt., importance of social distancing and making a handy facemask with no cost, organizing online quiz on corona awareness, making posters for number of health advisories....



NSS@ANDC has always been active in organizing blood donation camps in the college premises where healthy ANDC student encouraged to come forward for blood donation. Through these camps, many students overcome their fear of blood donation for the first time. On **February 24, 2020, Blood Donation**



Camp was organized in association with **Indian Red Cross society** in the college campus. A



medical van of red cross society was parked in the campus which had provision for four Donors seats at one time. Around 110 volunteers registered for the camp though the actual number of volunteers found fit for blood donation was less.



In **January- February**, NSS Volunteers did door to door survey of adopted slums, Okhla and Govindpuri, to collect information as per prescribed format under **Unnat Bharat Abhiyan** scheme.

Throughout the session, NSS volunteers had worked in adopted slums to spread awareness about various diseases, their vectors, prevention and cure, carried out awareness rallies and programmes on education, environment, fundamental rights, gender issues, women safety and skill development areas. They had carried out anti-tobacco campaign and thalassemia awareness drives through Nukkad nataks.



NSS@ANDC is grateful to following ANDC students who came forward to donate blood to the thalassemia patients adopted by the Unit, when they were in dire need of blood: **Sumit Kumar** B.Sc. Phy. Sc. (Comp Sc) I yr, **Utkarsh singh Khati** B.Sc. (H) Chem II yr, **Shalini Sheoran** B.Sc. (H) Zoology I yr, **Abhishek Kumar** B.Sc. (H) Chem II yr.

NSS Volunteers sharing their experiences.....

NSS@ANDC whole heartedly congratulates its committed volunteer, Prakhar Agrawal for being awarded with the 'Best Student Silver Jubilee Award' by the college!!!!



Prakhar Agrawal (NSS Volunteer)

B.Sc. Physical Science (Computer Science) III year

Being part of a family of over 3.8 million volunteers and delivering community services with the motto "Not Me But You" has been a rich experience for me.

Coming from a small town, co-curricular and extracurricular activities were very new to me. It all started with 'Breaking Barriers' – the college orientation program that introduced me to the institution's ideologies of *Beyond the Classroom* and *Preparing For The Future*. It really did develop a constant pursuit of learning in me. I was excited even by imagining all the possibilities that lay ahead.

I began with ECPDT, Dhvani and also performed in 'Tughlaq', Annual Theatre Production of 2018 and never stopped since. While working on my ELITE Summer project during vacations and also for NSS unit, I came to know about the Swachh Bharat Summer Internship program 2018 by MHRD, Govt. of India. I formed a team with some more NSS volunteers and worked for two months in Tughlaqabad village of Delhi which we had adopted for SBSI. This was my first exposure to field work and that too as a team leader. I always remember what Gandhiji said "The best way to find yourself is to lose yourself in the

service of others.” The experiential internship led me to believe in my capabilities and potential of youth to change the circumstances.

As a National Service Scheme (NSS@ANDC) Volunteer, I have learnt about event organisation, team management and other leadership aspects. Working with an enthusiastic team and putting my efforts in organising Cleanliness Drives, Plantation Drives, Workshops, Seminars, Rallies and Awareness Campaigns regarding various social issues in and around the college premises, collecting waste material and reusing them in our creative works such as decoration in Sahyog - a platform for NGOs to sell their self-manufactured products and other awareness activities in adopted slums gave me very unique insights and takeaways. During village visits, memories of the unforgettable experience of interaction with slum children and teaching them makes me happy even today. I also got a chance to work as SVEEP Ambassador in 2018-19 - a program by Election Commission of India for voter education, spreading voter awareness and promoting voter literacy in India and also as Social Media Leader of PledgeForLife: Tobacco Free Youth - an initiative by Sambandh Health Foundation.

As ANDC NSS volunteer I represented Delhi University at National Integration Camp, a seven day national-level camp organised by the Ministry of Youth Affairs and Sports, Government of India with the aim to provide a common platform for youth to interact and share their learning and celebrate the spirit of NSS. And to make NSS volunteers aware of the rich cultural diversity of India, to integrate the nation through social service.

My learning and leadership lessons from NSS@ANDC activities also assisted me in other in-college activities i.e. Entrepreneurship Lab/ ANDY, organising committee of Leiothrixx'20 as well as outside college i.e. Media For Social Change Fellowship by YES Foundation, SMILE In-turn-ship program by Pravah etc.

I joined NSS@ANDC to learn but I didn't even realize when 'to learn' converted into 'to lead'. Keeping people in work mode becomes a challenge but getting any work done is a very simple task, with such a dedicated and strong team. I have learnt that selfless social service can bring a person closer to the reality of our existence as a social being. These wonderful learning experiences, which helped me stand apart from the crowd, will remain in my heart throughout the life. I wish that the junior volunteers to imbibe this beautiful NSS spirit of making a self-reliant India.

I would like to thank our Former Principal Dr. Savithri Singh Ma'am and Principal Dr. Ravi Toteja Sir for making the college such a wonderful pool to learn so many things under one roof and providing us support to engage in opportunities and focus on overall development. I would also love to appreciate the efforts of each and every volunteer who was associated with me during my gorgeous journey. And all this could not be possible without the guidance, immense support and faith of our Program Officer Dr. Manisha Jain Ma'am and Co-convener Dr. Pooja Bhagat Ma'am.



Manisha (NSS Volunteer 2018-19)

B.Sc.(H) Zoology III year

During my three year stay in ANDC, I got so many opportunities to explore that I would otherwise not have gotten a chance to do. I chose to improve my

personality through extracurricular activities beyond the classroom. With experience as NSS volunteer in school, working for NSS@ANDC was like back to home. Through college NSS unit, I got an opportunity to work in an NGO 'Muskan' and from there my journey to social service continued with activities like Blood Donation Camps, Cleanliness Drives, Awareness Campaigns and much more.

During visits in slum areas of our adopted villages, I came face to face with the problems which a common man is facing. I had seen the poor living conditions before but the situation of people living there with minimal resources were much despondent. The NSS team engaged with different people and children of the slum to help them improve their living conditions. I was on the way to understand people and their problems from a better perspective.

Being close to the thought 'the welfare of an individual depends upon the welfare of society', I enrolled myself in the Swachh Bharat Summer Internship Programme (SBSI 2018) launched by the Ministry of Human Resource Development in association with the Ministry of Drinking Water and Sanitation. As a team we worked in the village Tughlakabad, identifying problems faced by residents, looking for solutions and spreading awareness about the importance of cleanliness. We visited door to door to sensitize people for sanitation, organized sessions for primary & secondary schools students. Government agencies supported our team to conduct Cleanliness & Waste Collection Drives in the village areas. It was quite happy moment for our team when showered with lots of love by people and

appreciation from authorities i.e. MP Office, South Delhi Municipal Corporation and Schools. This Internship brought me a wonderful life experience which helped me to explore a better version of myself. I am very thankful for the experience and the guidance we received from Dr Manisha Jain and Dr Pooja Bhagat during our whole journey.

I will cherish most, the wonderful experiences of National Integration Camp in December 2018, where I represented DU NSS. Being one of the chosen ten students of NSS@Delhi University, I was too excited to go out and socialize with many new people. It was a seven day long program held at District Institute of Education and Training in Mandi District of Himachal Pradesh. I enthusiastically took part in various competitions. Those seven days of competitions brought best out of me with some extremely good transformations in personality. Through this camp, I gained competency for living in group and sharing responsibilities. I am so incredibly grateful to our Principal Sir, Dr. Ravi Toteja, Program Officer, Dr Manisha Jain and Co-convenor, Dr Pooja Bhagat for their instant support to help me complete all the necessary documents required for the Camp even during their Off Day. I really want to appreciate NSS for inculcating a strong social and civic responsibility in me.

Our NSS Volunteers have so much to offer to others, their passion can help to create an environment where humanity is valued above everything. I wish good luck to their dedication and creativity to bring a remarkable change in the society.

One must join National Service Scheme to get beautiful and unique life experiences. It inculcates the learning and giving behavior in individuals and the only one thing which will matter at the end of one's day will be the Joy of Giving.



Utkarsh Khati

B.Sc.(H) Chemistry II yr

It is a matter of great pride for me that I had been an NSS Volunteer at ANDC for the past two years. Looking retrospectively, it has been a wonderful experience. NSS has played a major role in my personality development and I have cherished every aspect of it.

I feel the most important part of being an NSS volunteer is one's participation in the Village Visits. Social Empowerment, contrary to the popular belief, isn't the sole responsibility of government. If any section of society faces the stigma of poverty and discrimination or dearth of resources, it isn't just the failure of the administration, it is also the failure of all of us collectively as a society.

For the first time, when I went to *jhuggi* cluster of Okhla, I thought that the situation there was dismal. It reflected only hopelessness. But gradually it came to my understanding that there is 'Hope'. The joy that we all shared after having a successful session of community awareness or after teaching the slum kids was enriching to the core. It gave us a sense of responsibility, a sense of purpose, and a sense of empathy. I often wondered whether we would be able to carry the burden that they do.

I would agree that there were shortcomings in the way village visits took place (to which i personally feel responsible) but I think all of us were able to share the common feeling that their lives could be made better, they were not a lost cause and inspite of everything, THEY Do MATTER. I know our efforts are nowhere close to Success (for improving their lives) but it isn't Failure either. One of my favorite lines from a movie says "If there's any kind of magic in this world it must be in the attempt of understanding- someone sharing something. I know, it's almost impossible to succeed but who cares really? The answer must be in the attempt". I feel proud of being an NSS Volunteer because atleast NSS@ANDC made an attempt to understand them.

Secondly, I feel grateful to NSS for providing me with a family. NSS@ANDC has always inculcated a positive environment for all the volunteers. It provided me with an opportunity to develop and cherish friendships with all of my fellow volunteers. It was because of this coherence existing among all of us that every year we successfully carried out several activities, campaigns, and events.

Coming to the end, I find myself quite fortuitous that I was part of NSS under the guidance and leadership of our Program Officer, Dr. Manisha Jain Ma'am, and Co-Convener Dr. Pooja Bhagat Ma'am. Their relentless support, earnestly listening to our suggestions, clearing our conscience of doubts, and inspiring us to always take the high road is something I feel grateful and privileged about.

Lastly, I have high expectations from all the NSS Volunteers in their future endeavors. Looking at them, it brings me great 'Hope' that their hard work and sheer determination will carry the banner of our society to greater lands.

Good luck to the new team !!!



Pooja Jakhar

B.Com. (H) III yr

In this difficult time of pandemic, we all were far from each other and couldn't carry out our activities as earlier. Before lockdown, we started corona awareness campaign in Govindpuri and Okhla Villages. We helped villagers to understand causes, effects and precaution strategies for Corona. Thankfully, we could clear their doubts about the deadly virus. A common myth with them was that coronavirus can be killed by drinking alcohol. And to clear this we shared authentic reports, where it was mentioned that one needs to use alcohol based sanitizer or soap to wash his hands and not to drink alcohol. We tried to make them understand the importance of using masks and social distancing.

However, post lockdown we couldn't resume our activities physically as we were far from each other, locked down in our native towns. So, we exploited the potential of technology to continue our mission. And without wasting time, we started making videos, posters and poems and shared them through whatsapp groups, NSS ANDC facebook page and our personal social media platforms to create awareness amongst the people. Some of the ANDC NSS volunteers also reach out to those adopted villages via voice calls.

Finally, we realised that distance can't separate us. To be very honest working with such an enthusiastic team, I feel quite fortunate and I have built a strong bond with most of them. Whenever we helped people and found them happy, we all felt like we are on the clouds.

I am happy that I could enjoy my final year in the college in such a fruitful way!

Some poems written by NSS volunteers to spread awareness about the Corovid-19 pandemic. The videos of volunteers reciting these poems are uploaded on NSS ANDC Facebook page

Pooja Jakhar

B.Com (H) III yr

समूचा भारत लड़ रहा है, विश्व पर विपदा घोर है छाई।

बंद सारे बाज़ार हो गए, कोरोना ने महामारी मचाई।

अर्थव्यवस्था ठप हो गई, अब किस पर दोष लगाओगे ?

अल्ला-राम करने वाले, क्या अब भी साथ न आओगे?

जरूरत का सामान है घर में, फिर क्यों भगदड़ मचाते हो ?

कुछ दिन घर में आराम करो, क्यों घर से बाहर जाते हो।

संकट के बादल छाए हैं, अब सबको साथ निभाना है।

बच्चे-बूढ़े सब स्वस्थ रहें, इस बात पर गौर फरमाना है।

कुछ लोगों के पास घर नहीं, न ही कोई सहारा है।

अब यह समझना होगा हमको, यह भारत देश हमारा है।

डॉक्टर, प्रशाशन, पुलिस के प्रयासों में, अपना हाथ बढ़ाना होगा।

और इस महामारी की समस्या को, अब मिलकर दूर भगाना होगा, अब मिलकर...

Vikalp Bajpai

B.Sc. Phys.Sc. (Elect) II yr

इस विशाल और असीमित राष्ट्र का हो शीघ्र ही उद्धार विजय,

इस विपदा के भंवरजाल का एक मात्र अंत है द्वार विजय,

अपने अहंकार को पानी-पानी कर दो,



ना होगी तुम्हारी इस बार विजय,
भारत के ज़र्रे-ज़र्रे की तकदीर में लिखी है हर बार विजय।
ना यह कोई नरसंहार है ना विश्वयुद्ध , यह तो एक महामारी है,
अगर संक्रमित हुए तो, जान तुम्हारी, हो सकती उपरवाले को प्यारी है,
किस को दोषी ठहराओगे फिर, अब तो घर में रहने में ही भलाई है,
कण सामान एक निर्जीव की यह लीला बहुत पुरानी है।

अब तो यह दिन नहीं कटते, कैसी यह चार दीवारी है,
लॉकडाउन में घर पर रहना पड़ रहा सबको भारी है,
तो निकल पड़ते हैं सुबह-शाम, पुलिस की लाठी जिनको प्यारी है,
कही भाग-भाग, कही कूद-फांद, कही लोट फोट और फिर मारी छलांग,
यह सर्कस है कि लॉकडाउन , इस पिंजरे ने तो लोगों कि मति मारी है.

अरे भैया! रखो धैर्य और थोड़ा अनुशासन अपनाओ तुम,
यह घर कि रेखा है सीमा रेखा या लक्ष्मण रेखा कहलाओ तुम,
इसे पार करोगे तो कोरोना हर लेगा, सर्दी-जुखाम, चीख,
खासी और हारत तुम में भर देगा,
कुछ दिन तक रहोगे अंजान और घर वालों को संकट में डालोगे,
फिर उस ढहते परिवार को कैसे तुम संभालोगे,
तो करो डॉक्टरों को शत-शत नमन जो ईश्वर अवतारी है,
बचा रहें है जान सभी की हमारे अभिवादन के अधिकारी हैं,
घर पर रहो, स्वस्थ रहो और सरकार का आदेश मानो तुम,
घर पर बैठे भगाओ कोरोना और इस लॉकडाउन में खुद को और पहचानो तुम.



Banshi

B.Sc.(H) Physics II year

(Poem on Corovid-19 pandemic)

जरा गौर से सुनों यारों.....

ये सन्नाटा भी चुपके- चुपके कुछ तो बोले है ।

काली रात ये सन्नाटे की बीत जायेगी

होगी आभा की इक नई किरण

गूँज उठेगी चारो तरफ फिर

मस्ती और खुशहाली की धुन

रख तू हौंसला ऐ मानव कोरोना भी हारेगा.....!

और होगा इसका मूल से विनाश

ये भी संभव होगा वो भी संभव होगा

विज्ञान के द्वारा सब संभव होगा

बना के रख इक दूजे से दूरियाँ

ना लांघ घर की दहलीज को

अनावश्यक कार्य के लिये

तू छोड़ इन मनमर्जियों को

रख तू हौंसला ऐ मानव, कोरोना भी हारेगा.....!

फिर से होगा इक नया सवेरा

शंख की ध्वनि से होगा निर्मल

फूल खुशियों के खिलेंगे, गुलशन भी सजेगा

इस वक्त है तेरे धैर्य की अग्निपरीक्षा

दिखला दे जिंदा भी है तू तूझमें हौंसला भी हैं

रख तू हौंसला ऐ मानव

कोरोना भी हारेगा!

Student Coordinators (NSS@ANDC)

Prakhar Agrawal, B.Sc. Phys. Sc. (Comp.Sc.) III yr

Utkarsh Singh Khati, B.Sc. (H) Chem II yr

Vikalp Bajpai, B.Sc. Phys. Sc. (Elec) II yr

Banshilal, B.Sc. (H) Phy II yr

Deepak, B.Com.(H) II yr

Faculty Team (NSS@ANDC)

Dr. Manisha Jain (Programme Officer)

Dr. Pooja Bhagat (Co-convener)

Dr. Gagan Dhawan (Member)

Dr. Pankaj Khanna (Member)

Dr. Rashmi Sharma (Member)

Dr. Abhay Pratap Singh (Member)

Dr. Sanjay (Member)

Dr. Ranjeet Kaur (Member)

The content of this Newsletter is a combined effort of the NSS team of ANDC.

The image on the cover page is of Corona awareness efforts of NSS volunteers in the adopted slums immediately before lockdown.

The image at the back page is the unique collaborative way of spreading corona awareness by NSS volunteers on virtual platform while they were stuck in their native places.

For more images and videos of work done by NSS volunteers, visit the facebook page <https://www.facebook.com/andcnss/>



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